



# Fax

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**POLICY & PROCEDURE**

**SUBJECT: Pre-Admission Testing Procedure**  
**Routine SS.09 PRE ADMISSION**  
**TESTING/SURGICAL**  
**SERVICES \*IHN\***

**DEPT: SURGICAL SERVICES**

**Page 5 of 5**

**EFFECTIVE Date: 06/01/2008**

**REVIEW Date: 11/04/2020**



## INTERMEDIATE & HIGH RISPATIENT TESTING GRID GUIDE

|                          | Patient Type                                               | ECG            | CBC            | Chem 8         | HbA1C | PT/INR | PTT | UA | Chem 14 | LFTs | CXR            | T&S | Urine HCG Under 50 |
|--------------------------|------------------------------------------------------------|----------------|----------------|----------------|-------|--------|-----|----|---------|------|----------------|-----|--------------------|
| Cardiac                  | Age over 65 years                                          |                |                |                |       |        |     |    |         |      |                |     |                    |
|                          | Cardiac Disease (MI, CHF, Pacemaker/AICD, Coronary Stents) | X              |                |                |       |        |     |    |         |      |                |     |                    |
|                          | Hypertension                                               | X              |                | X <sub>1</sub> |       |        |     |    |         |      |                |     |                    |
|                          | Vascular disease (peripheral or cerebral)                  | X              | X              |                |       |        |     |    |         |      |                |     |                    |
| Other Co-Morbid Diseases | Pulmonary Disease (COPD, Asthma)                           |                | X              |                |       |        |     |    |         |      | X <sub>2</sub> |     |                    |
|                          | Renal Insufficiency                                        |                | X              | X              |       |        |     |    |         |      |                |     |                    |
|                          | End Stage Renal Disease (on dialysis)                      | X              | X              | X              |       |        |     |    |         |      |                |     |                    |
|                          | Hepatic Disease                                            |                | X              |                |       | X      | X   |    | X       | X    |                |     |                    |
|                          | Diabetes                                                   | X <sub>3</sub> |                | X              | X     |        |     |    |         |      |                |     |                    |
|                          | Symptoms of UTI                                            |                |                |                |       |        |     | X  |         |      |                |     |                    |
| Medication               | Chemotherapy                                               |                | X <sub>4</sub> |                |       |        |     |    |         |      |                |     |                    |
|                          | Diuretics                                                  |                |                | X              |       |        |     |    |         |      |                |     |                    |
|                          | Anticoagulants (Coumadin)                                  |                | X              |                |       | X      |     |    |         |      |                |     |                    |
|                          | Anticoagulants (Heparin)                                   |                |                |                |       |        | X   |    |         |      |                |     |                    |
|                          | Digoxin                                                    |                |                | X              |       |        |     |    |         |      |                |     |                    |
| Procedure                | Intermediate Risk Procedure                                |                | X              |                |       |        |     |    |         |      |                | X   |                    |
|                          | High Risky Procedure (Cardiac or Thoracic)                 | X              | X              |                |       |        |     |    | X       |      | X              | X   |                    |
|                          | Menstruating Female under 50 years                         |                |                |                |       |        |     |    |         |      |                |     | X                  |

### Summary:

EKG: Results good for 6 months (without clinical change)

LAB: Results good for 3 months (without clinical changes)

- 1 Only if on Diuretics
- 2 Only if clinical picture has deteriorated or acute change in disease (not routine)
- 3 DM age >50 years or DM >10 years duration
- 4 Only if actively receiving chemotherapy

File/VT/Word/Forms/High Risk Patient Testing Grid Guide

Still ask Anesthesia for order guide



|                                                                                               |                                   |
|-----------------------------------------------------------------------------------------------|-----------------------------------|
| <b>POLICY &amp; PROCEDURE</b>                                                                 | <b>Page 6 of 7</b>                |
| <b>SUBJECT: Safety Guidelines and Regulations ANES.04</b><br><b>ANESTHESIA Elmer/Vineland</b> | <b>EFFECTIVE Date: 02/01/2007</b> |
| <b>DEPT: ANESTHESIOLOGY</b>                                                                   | <b>REVIEW Date: 12/23/2020</b>    |

#### Appendix B

Guidelines for pre-operative fasting in the pediatric patient.

- A. Solid Foods: milk products, formula, orange juice or any juice containing pulp and breast milk.
- B. Clears: water, apple juice, popsicles, Jell-O, Pedialyte and flat soda.
- C. Medications may be given with small sips of water up to two hours prior to surgery.

| AGE                            | SOLIDS  | CLEAR   |
|--------------------------------|---------|---------|
| Neonates > 1 month to 6 months | 4 hours | 2 hours |
| 6 to 36 months                 | 6 hours | 2 hours |
| 36 months to 10 years          | 8 hours | 2 hours |
| > 10 years                     | 8 hours | 2 hours |

| HEALTHY, ASYMPTOMATIC PATIENTS (not expected to lose blood) |                                                             |                                                             |                                                       |                                                       |
|-------------------------------------------------------------|-------------------------------------------------------------|-------------------------------------------------------------|-------------------------------------------------------|-------------------------------------------------------|
| General, Spinal or Epidural                                 |                                                             |                                                             |                                                       |                                                       |
| Age                                                         | Male                                                        | Female                                                      | MAC                                                   | Peripheral or IV Nerve Block                          |
| Birth-12 yr.                                                | Per Pediatrician Recommendation                             | Per Pediatrician Recommendation                             | Per Pediatrician Recommendation                       | Per Pediatrician Recommendation                       |
| 13 yr.-39 yr.                                               | None                                                        | None                                                        | None                                                  | None                                                  |
| 40 yr.-49 yr.                                               | None                                                        | None                                                        | None<br>EKG (optional at the discretion of physician) | None<br>EKG (optional at the discretion of physician) |
| 50 yr.-64 yr.                                               | EKG                                                         | EKG                                                         | EKG                                                   | EKG                                                   |
| 65 yr.-74 yr.                                               | CBC<br>EKG                                                  | CBC<br>EKG                                                  | EKG                                                   | EKG                                                   |
| >74 yr.                                                     | CBC<br>EKG<br>CXR (optional-at the discretion of physician) | CBC<br>EKG<br>CXR (optional-at the discretion of physician) | EKG                                                   | EKG                                                   |

1. Each test is good for a period of up to 6 months, as long as the patient remains asymptomatic or there are no acute changes in status of his/her health.



|                                                                                                                                                                                       |                                                                                                          |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|
| <p><b><u>POLICY &amp; PROCEDURE</u></b></p> <p><b>SUBJECT: Safety Guidelines and Regulations ANES.04</b><br/> <b>ANESTHESIA Elmer/Vineland</b></p> <p><b>DEPT: ANESTHESIOLOGY</b></p> | <p><b>Page 7 of 7</b></p> <p><b>EFFECTIVE Date: 02/01/2007</b></p> <p><b>REVIEW Date: 12/23/2020</b></p> |
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2. If blood loss expected or possible, CBC regardless of age.
3. FBS on all diabetic patients.
4. Cataract/Endoscopy only requires medically indicated laboratory tests.
5. Pregnancy test for all child bearing females optional at the discretion of the physician (urine except Endoscopy).
6. SMA 7.
7. H&P all procedures where blood test greater than 500 ml may reasonably be expected or where clinically indicated.
8. (a.) Electrolytes on all patients on non-potassium diuretics.  
(b.) On the morning of surgery on all dialysis patients.  
(c.) Where clinically indicated.



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|-----------------------------------------------------------------------------------------------|-----------------------------------|
| <b>POLICY &amp; PROCEDURE</b>                                                                 | Page 5 of 7                       |
| <b>SUBJECT: Safety Guidelines and Regulations ANES.04</b><br><b>ANESTHESIA Elmer/Vineland</b> | <b>EFFECTIVE Date: 02/01/2007</b> |
| <b>DEPT: ANESTHESIOLOGY</b>                                                                   | <b>REVIEW Date: 12/23/2020</b>    |

**Appendix A**

**The following tests are recommended Pre-op on patients with the mentioned clinical condition:**

| Check the Patient's Associated Clinical Condition:                                | CBC without differential | BMP              | CMP | PT/INR<br>PTT | EKG   | CHEST<br>X-RAY |
|-----------------------------------------------------------------------------------|--------------------------|------------------|-----|---------------|-------|----------------|
| Physiologic age greater than 75 years old                                         | X                        | X                |     |               | X     |                |
| Highly Invasive Procedure with Major Blood Loss                                   | X                        | X                |     |               | X     |                |
| Cardiovascular Disease                                                            | X                        | X                |     |               | X     |                |
| Hypertension (Uncontrolled: SBP>180, DBP>100, or systemic organs affected by HTN) |                          | X                |     |               | X     |                |
| Diabetes (Uncontrolled FBS>200, or systemic organs affected by DM)                |                          | X<br>Glucose DOS |     |               | X     |                |
| Renal Disease                                                                     | X DOS                    | X DOS            |     |               | X DOS |                |
| Recent active Hepatitis or Biliary Disease                                        | X                        |                  | X   | X             |       |                |
| Severe Pulmonary Disease (Symptomatic, O2 Dependent)                              | X                        |                  |     |               | X     |                |
| Stroke                                                                            |                          | X                |     |               | X     |                |
| Malnutrition                                                                      |                          |                  | X   |               |       |                |
| Morbid Obesity                                                                    |                          | X                |     |               |       |                |
| Use of Diuretics                                                                  |                          | X                |     |               |       |                |
| Use of Digoxin                                                                    |                          | X                |     |               | X     |                |
| Use of Steroids                                                                   |                          | X                |     |               |       |                |
| Use of Anticoagulant                                                              |                          | X                |     | X             |       |                |
| Ongoing Malignancy                                                                | X                        |                  |     | X             |       |                |
| Bleeding Disorder                                                                 | X                        |                  |     | X             |       |                |
| Recent Blood Donor                                                                | X                        |                  |     |               |       |                |
| Confirmed Diagnosis of Respiratory Disease                                        |                          |                  |     |               |       | X              |

Unless the physician requests the test repeated, in CLINICALLY STABLE patient laboratory tests, EKG's and CXR's are acceptable within 6 months of procedure.

